

# 2019 Winter Tennis Lessons

## Where?

At Moyock Elementary School, and at Jarvisburg Elementary School, in their respective gymnasiums.

## When?

Six Saturdays, beginning on Saturday, February 2<sup>nd</sup>, and ending on Saturday, March 9<sup>th</sup>.

The first group lesson will begin at 9:00 a.m., and each hour thereafter. As a general rule, younger students are scheduled for the sessions earliest in the morning, and older students are scheduled for later in the day. The exact time of a particular group will depend on the overall registration numbers.

## Teachers?

Lessons at Moyock Elementary School will be taught by Vic Ramsey, varsity tennis coach at Currituck County High School.

Lessons at Jarvisburg will be taught by Tony Willingham, tennis instructor for Dare County Parks and Recreation.

Members of the CCHS tennis teams, and other adult volunteers, will assist with the instruction.

## Who?

For children, teenagers, and adults of all abilities. Children and youth must be enrolled in kindergarten or higher. Students will be grouped based on age, experience, and ability.

## What to bring?

Your tennis racquet (if you do not have one, a racquet will be provided for you to use). Wear tennis shoes, and dress in appropriate tennis/athletic clothing.

## What will be taught?

Beginners will learn basic strokes, how to keep score, tennis etiquette, and other beginning skills. Intermediate and advanced players will receive instruction based on individual needs.

The program will be based on the popular Quick-Start format currently being promoted by the United States Tennis Association. This format involves short courts, slower balls, and lower nets to help beginners master the fundamentals and play competitive games quickly.

For further information about the Quick-Start program, go to [www.10andundertennis.com](http://www.10andundertennis.com).

## Cost?

\$50.00. Please make checks payable to "Currituck Tennis".

## How to sign up?

Complete the registration form below, and mail it (with your registration fee) to:

Winter Tennis Lessons  
Currituck Tennis  
P. O. Box 401  
Moyock NC 27958

## More questions?

Call Vic Ramsey (252-202-3555), or Greg Gould, President of Currituck Tennis, (757-235-3127).

Or, contact Currituck Tennis via email at [info@curritucktennis.org](mailto:info@curritucktennis.org)

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Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

\_\_\_\_\_ Birthdate: \_\_\_\_\_ Sex: M or F

Parents' Names \_\_\_\_\_

Location:  Moyock  Jarvisburg

Please describe your child's previous tennis experiences.

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On the reverse side, please describe any medical conditions which would affect his/her participation.